




ADDICTIONS


THE RECOVERY PARTNERSHIP

An integrated and recovery-focused treatment service for residents across Coventry and Warwickshire with a drug or alcohol problem.

-  8 Ironmonger Row, Coventry, CV1 1FD
-  02476 630135
-  www.cw-recovery.org.uk

COMPASS WARWICKSHIRE




Offers drug and alcohol advice, information and specialist treatment. Young People

-  08000 88 72 48.
The service is available between the hours of 9am and 5pm. leave a message if your call isn't answered – someone will get back to you

ALZHEIMERS

ALZHEIMER'S SOCIETY




Working to improve the quality of life of people affected by dementia.

-  South Warwickshire Office, 10 Wise Street
Leamington Spa CV31 3AP
-  01926 888 889
-  www.alzheimers.org.uk

BEREAVEMENT

CRUSE (COVENTRY & WARWICKSHIRE AREA)




Offering support after the death of someone close.

-  02476 670714
-  coventry@cruse.org.uk
-  www.cruse.org.uk

CARERS

GUIDEPOSTS TRUST CARERS SUPPORT FOR MENTAL HEALTH




Support Group for Carers.

-  0845 600 9980
-  carerssupport@guidepoststrust.org.uk
-  www.guidepoststrust.org.uk

GENERAL




CITIZENS ADVICE BUREAU

Help people resolve their legal, money and other problems by providing free, independent and confidential advice, and by influencing policymakers.

-  Warwick District CAB, 10 Hamilton Terrace,
Leamington Spa CV32 4LY
-  0844 855 2322 (local rate)
-  www.cableamington.org.uk




WARWICKSHIRE COMMUNITY & VOLUNTARY ACTION

An independent local voluntary organisation that supports, promotes and develops local voluntary action.

-  01788 574258
-  information@wcava.org.uk
-  www.wcava.org.uk





WARWICKSHIRE COUNTY COUNCIL

Provides a range of statutory services to support health and social care needs.

-  Warwickshire County Council, Shire Hall
Warwick CV34 4RL
-  01926 410410
-  www.warwickshire.gov.uk

PUBLIC HEALTH WARWICKSHIRE


Provides information, advice and services to support health and wellbeing.

-  Public Health Department, PO Box 43 – Shire
Hall, Barrack Street, Warwick, CV34 4SX
-  01926 413751
-  phadmin@warwickshire.gov.uk
-  www.publichealth.warwickshire.gov.uk

HELPLINES

MENTAL HEALTH MATTERS

Provides emotional support, guidance and information. The Helpline is an invaluable resource available to anyone experiencing mental health problems, and those who care for people with mental health problems.




-  0800 61 61 71

SMS 07786 202 242

For Mobile Phone Users: 0300 330 5487 (this is charged at landline rates or free if you have a call package)

THE SAMARITANS

If something's troubling you, then get in touch. We're here 24 hours a day, 365 days a year.

-  08457 90 90 90
-  jo@samaritans.org
-  www.samaritans.org.uk

HOPELINE UK

Crisis helpline for young people

-  0800 068 41 41
-  pat@papyrus-uk.org
-  www.papyrus-uk.org

MENTAL HEALTH & WELL-BEING

COVENTRY & WARWICKSHIRE PARTNERSHIP NHS TRUST

Providing a wide range of integrated mental health services to across the communities of Warwickshire

Coventry and Warwickshire Partnership Trust
Wayside House, Wilsons Lane, Coventry
CV6 6NY

0800 212445

enquiries@covwarkpt.nhs.uk

www.covwarkpt.nhs.uk

COVENTRY & WARWICKSHIRE MIND

Aiming to improve the mental health of people living in the local area.

Wellington Gardens, Windsor Street, Coventry
CV1 3BT

024 7655 2847

www.cwmind.org.uk/

SPRINGFIELD MIND

Mental Health and wellbeing services.

The SYDNI Centre, Cottage Square, Leamington
Spa, CV31 1PT

01789 298615

enquiries@springfieldmind.org.uk

www.springfieldmind.org.uk

RETHINK

Supporting people with mental health issues to get through crises and to live independently.

The Old Bank, 45 Coten End, Town Centre,
Warwick CV34 4NT

01926 419227

info@rethink.org

www.rethink.org

FRIENDSHIP CARE & HOUSING (FCH)

Mental Health and wellbeing services.

183 Queens Road, Nuneaton, CV11 5NB

02476 848128 / 02476 848133

gary.bromley@longhurst-group.org.uk

www.fch.org.uk/care-support

OLDER PEOPLE

AGE UK WARWICKSHIRE

Aims to improve later life for everyone through information and advice, services, campaigns, products, training and research.

8 Clemens Street, Leamington Spa, CV31 2DL

01926 458 100

www.age.org.uk/warwickshire

LIVING WITH DEMENTIA - COVENTRY & WARWICKSHIRE

www.livingwellwithdementia.org/

RELATIONSHIPS

WARWICKSHIRE RELATE

Offering advice, relationship counselling, sex therapy, workshops, mediation, consultations and support face-to-face, by phone and through their website.

2 Jury St, Warwick CV34 4EW

01926 403340

info@relatecoventry.org

www.relatecoventry.org

YOUNG PEOPLE

PAPYRUS

UK-wide membership organisation dedicated to the prevention of young suicide

01925 572 444

www.papyrus.uk.org

admin@papyrus-uk.org

CAMPAIGN AGAINST LIVING MISERABLY

UK-wide charity that seeks to prevent male suicide.

0800 58 58 58

www.thecalmzone.net

LOCAL WEBSITE RESOURCES

MENTAL HEALTH

Warwickshire Mental Health and wellbeing resources regularly updated.

www.warwickshire.gov.uk/mentalhealth

USEFUL NATIONAL LINKS – INFO & SUPPORT

MENTAL HEALTH FOUNDATION

www.mentalhealth.org.uk

NATIONAL MIND

0208 519 2122

RETHINK NATIONAL ADVICE SERVICE

0845 456 0455

SURVIVORS OF BEREAVEMENT BY SUICIDE

0844 561 6855

SANE

www.sane.org.uk

08457 67 8000

SUICIDE PREVENTION SPECIALIST ORGANISATIONS (NOT CRISIS)

FORWARD FOR LIFE

07585776800

info@forwardforlife.org

www.forwardforlife.org

COMMON UNITY SOCIAL ENTERPRISE

0121 554 9360 (ext. 4)

caront@common-unity.org

www.common-unity.org