

# Wolverhampton Suicide Prevention Resource List

## ADDICTIONS

### AQUARIUS

Offering a free confidential service to anyone with or affected by someone else's alcohol, drugs or gambling problems.

- 1 Connaught Road, Chapel Ash, Wolverhampton, WV1 4SJ
- 0300 2002 322
- [wolverhampton@aquarius.org.uk](mailto:wolverhampton@aquarius.org.uk)
- [www.aquarius.org.uk](http://www.aquarius.org.uk)

### WOLVERHAMPTON SUBSTANCE MISUSE SERVICE

We help anyone who is concerned about their own drinking or drug use or someone else's. It only takes one call.

- 0300 200 2400 (Lines are open 24/7)
- [talktous@recoverynearyou.org.uk](mailto:talktous@recoverynearyou.org.uk)
- [www.recoverynearyou.org.uk/wolverhampton360](http://www.recoverynearyou.org.uk/wolverhampton360)

## ADVICE

### WOLVERHAMPTON CITIZENS ADVICE BUREAU

We help people resolve their legal, money and other problems by providing free, independent and confidential advice, and by influencing policymakers.

- 2nd Floor, 26 Snow Hill, Wolverhampton, WV2 4AD
- 01902 572006
- [district@wcabx.org](mailto:district@wcabx.org)
- [www.citizensadvice.org.uk](http://www.citizensadvice.org.uk)

## ALZHEIMERS

### ALZHEIMER'S SOCIETY

Working to improve the quality of life of people affected by dementia.

- [Blackcountryoffice@alzheimers.org.uk](mailto:Blackcountryoffice@alzheimers.org.uk)
- 0121 5213020
- [www.alzheimers.org.uk](http://www.alzheimers.org.uk)

## BEREAVEMENT

### CRUSE (DUDLEY & WOLVERHAMPTON BRANCH)

Offering support after the death of someone close.

- 01384 262878
- [dudleywolves@cruse.org.uk](mailto:dudleywolves@cruse.org.uk)
- [www.cruse.org.uk](http://www.cruse.org.uk)

## CARERS

### CARER SUPPORT TEAM

Offers Carer Support Assessments, a carer Emergency card scheme, a carer Aware online training course, benefits advice, support groups and forums, emotional support, information and advice as well as signposting to relevant support services

- 01902 553409
- [Carer.support@wolverhampton.gov.uk](mailto:Carer.support@wolverhampton.gov.uk)
- [www.wolverhampton.gov.uk/carers](http://www.wolverhampton.gov.uk/carers)

### AFRICAN-CARIBBEAN COMMUNITY CENTRE (ACCI)

Social inclusion, confidence building, increased Empowerment and community participation

- 217 Waterloo Terrace, Newhampton Road East, WV1 4BA
- 01902 571231
- [Support@acci.org](mailto:Support@acci.org)

## CLINICAL MENTAL HEALTH SUPPORT

### MENTAL HEALTH DUTY TEAM

For Mental Health Act Assessment, people in crisis, self-Referral - referrals, assessment for respite care/supported housing, or any social care needs

- 300 Dunstall Rd, Whitmore Reans, WV6 0NZ
- 01902 553446

## POSITIVE PARTICIPATION

Positive Participation is a commissioned provider of Asian mental health services in Wolverhampton. We provide mental health, learning disabilities and direct payments services.

- The Bob Jones Community Hub, Bromley Street, Wolverhampton, WV2 3AS
- 01902 552275/ 07967743803
- [positivework1@outlook.com](mailto:positivework1@outlook.com)

## EARLY INTERVENTION TEAM

For those who are experiencing a first episode of psychosis, or who seem at risk of going through a first episode of psychosis.

- St Johns House, Church Street, WV2 4AT
- 01902 445386

## ONLINE HEALTH AND SOCIAL CARE SUPPORT

### WOLVERHAMPTON INFORMATION NETWORK

This website is for everyone who lives and works in Wolverhampton where you can find all the information and advice in one place about a range of statutory services to support health and social care needs.

- 01902 553413
- [infoportal@wolverhampton.gov.uk](mailto:infoportal@wolverhampton.gov.uk)
- <http://win.wolverhampton.gov.uk>

## OLDER PEOPLE

### AGE UK

Aims to improve later life for everyone through information and advice, services, campaigns, products, training and research.

- House, 93-94 Darlington Street, WV1 4EX
- 01902 572060
- [www.ageukwolves.org.uk](http://www.ageukwolves.org.uk)

## DEMENTIA CAFES

- 07714139678 / 07714139679

### WOLVERHAMPTON ELDER ASIANS & DISABLED GROUP

Informal support, advice, companionship, information and group work

- 16 Temple Street, Wolverhampton, WV2 4AN
- 01902 448552
- [elderasians@btconnect.com](mailto:elderasians@btconnect.com)

## VOLUNTARY SECTOR

### WOLVERHAMPTON VOLUNTARY SECTOR COUNCIL (WVSC)

WVSC support the development and sustainability of an effective voluntary and community sector

- 16 Temple Street, Wolverhampton WV2 4AN
- 01902 773761
- [info@wolverhamptonvsc.org.uk](mailto:info@wolverhamptonvsc.org.uk)
- [www.wolverhamptonvsc.org.uk](http://www.wolverhamptonvsc.org.uk)

### RETHINK - WOLVERHAMPTON

Community based, individual or small group work across the City.

- Merridale Lodge, 1 Jeffcock Road, WV3 7AA
- 01902 779615
- [www.rethink.org](http://www.rethink.org)

# Wolverhampton Suicide Prevention Resource List

## CREATIVE SUPPORT - WOLVERHAMPTON

Mental Health Floating Support Service offering short term-Housing related support and advice.

Old Boot Factory, 22 Cleveland Rd, WV2 1BH  
01902 458797  
[gladson.morrison@creativesupport.org.uk](mailto:gladson.morrison@creativesupport.org.uk)

## RELATIONSHIPS

### RELATE - WOLVERHAMPTON

Offering advice, relationship counselling by phone and through their website.

346 Newhampton Road East, WV1 4AD  
01902 428447  
[admin@relatewolverhampton.org](mailto:admin@relatewolverhampton.org)  
[www.relate-wolverhampton.org.uk](http://www.relate-wolverhampton.org.uk)

## TRAINING AND SUPPORT

### FORWARD FOR LIFE

Offering specialist licensed and tailored training, advice and strategic support in the areas of suicide prevention, wellbeing and mental health.

07585776800  
[info@forwardforlife.org](mailto:info@forwardforlife.org)  
[www.forwardforlife.org](http://www.forwardforlife.org)

## COMMON UNITY SOCIAL ENTERPRISE

A Health and Social Care organisation specialising in mental health and wellbeing with 'hard to reach' communities. Specialist training in suicide prevention, health and well-being.

0121 554 9360 (ext. 4)  
[caront@common-unity.org](mailto:caront@common-unity.org)  
[www.common-unity.org](http://www.common-unity.org)

## WALK IN CENTRE

### THE PHOENIX HEALTH & WALK IN CENTRE

A nurse led Centre that offers on- the- spot treatment and advice for minor health problems, ailments and injuries. No appointment needed.

Parkfield Rd, Wolverhampton, WV4 6ED.  
01902 444677

## THE SHOWELL HEALTH & WALK IN CENTRE

Fifth Avenue, Low Hill, Wolverhampton, WV10 9ST  
01902 446711

## YOUNG PEOPLE

### ENGAGE YOUTH EMPOWERMENT SERVICE (EYES)

Youth Engagement, information giving, rights and responsibilities, police, probation, service work, literacy, numeracy and discrimination workshops.

3 Market Plaza WV3 0NL  
[www.eyes2success.org](http://www.eyes2success.org)  
01902 426 650  
[info@eyes2success.org](mailto:info@eyes2success.org)

## BASE 25

Supports young people in Wolverhampton aged 11 – 25 in shaping their lives with targeted work with under 11's

Castle House, Wheelers Fold, WV1 1HN  
01902 572040  
[www.youthlink.btck.co.uk](http://www.youthlink.btck.co.uk)

## SUICIDE PREVENTION - NATIONAL

### THE SAMARITANS

If something's troubling you, then get in touch. We're here 24 hours a day, 365 days a year.

Beryl House, 8 Albion Street, DY5 3EE  
116 123  
[jo@samaritans.org](mailto:jo@samaritans.org)  
[www.samaritans.org.uk](http://www.samaritans.org.uk)

## CAMPAIGN AGAINST LIVING MISERABLY (CALM)

A registered charity, which exists to prevent male suicide in the UK.

0800 58 58 58  
[www.thecalmzone.net](http://www.thecalmzone.net)  
ONLINE WEB CHAT SERVICE ALSO AVAILABLE

## PAPYRUS

A registered charity that looks to prevent young suicide up to the age of 35.

0800 068 41 41  
[www.papyrus-uk.org](http://www.papyrus-uk.org)  
[pat@papyrus-uk.org](mailto:pat@papyrus-uk.org)

## OTHER NATIONAL LINKS// CONTACTS// HELPLINES

### MENTAL HEALTH FOUNDATION

[www.mentalhealth.org.uk](http://www.mentalhealth.org.uk)

### MIND

0208 519 2122

### RETHINK NATIONAL ADVICE SERVICE

0845 456 0455

### CENTRE FOR MENTAL HEALTH

0207 827 8300

### SURVIVORS OF BEREAVEMENT BY SUICIDE

0844 561 6855

### SANE

[www.sane.org.uk](http://www.sane.org.uk)  
08457 67 8000

### HELP IS AT HAND

Guide for support after someone may have died from suicide

<http://www.nhs.uk/Livewell/Suicide/Documents/Help%20is%20at%20Hand.pdf>

### NATIONAL SUICIDE PREVENTION ALLIANCE

an alliance of public, private, voluntary and community organisations in England who care about suicide prevention and are willing to take action to reduce suicide and support those affected by suicide.

<http://www.nspa.org.uk/>

