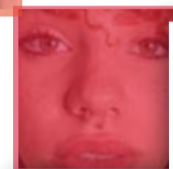
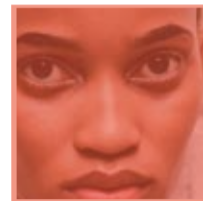
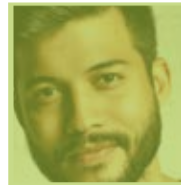
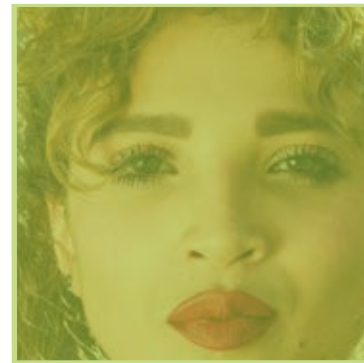
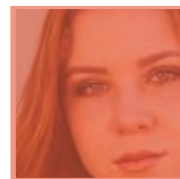
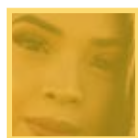




## Suicide prevention gatekeeper training

Life is the AIM



## Two hour interactive online workshop

With over a decade experience of delivering face to face training in suicide prevention, Forward For Life and Common Unity recognise that in today's uncertain times there is a need to provide people with gatekeeper skills training in suicide prevention through an online platform.

### What you will Learn:

LITA is a 2 hour online Gatekeeper training short course that supports recipients to:

- Understand the impact of suicide
- Have knowledge of how to identify those at risk
- Understand the value of listening
- Direct those at risk to appropriate support opportunities.

### Who is it for:

LITA is being offered out to organisations across the UK to provide employees with a knowledge base of how to start to support people who may be thinking of suicide with the aim of maintaining life as an outcome.



zoom

For further information including cost.

Please contact : **Terry Rigby 07585776800** or email : **info@forwardforlife.org**



**Forward For Life**  
www.forwardforlife.org  
**Common Unity**  
www.common-unity.org